

Cornish Riding Holidays

Programme for Residential Guests

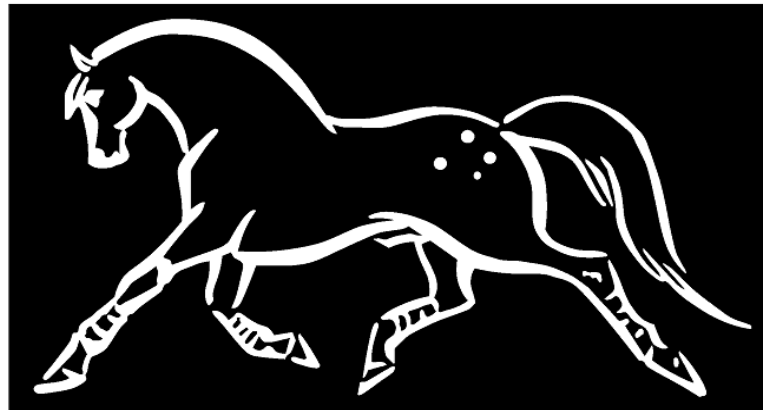
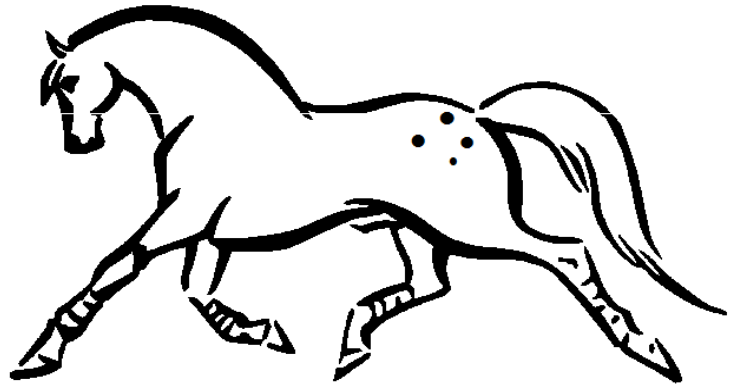
Dear Guests

We regret that we are unable to take children before 1 pm as the cleaners will still be in the accommodation.

This is a general programme. We may need to alter it to take account of riders' abilities, weather conditions, etc.

We have revised our programme for 2018 to include your old favourites and many new activities. Don't forget – each activity will be adjusted to the ability of the group, and you don't have to do anything you are not confident with.

Our aim is for everyone to have a great time here, so don't be afraid to speak up to Janet or Karen.



Sunday

13:00	Meet the horses and tour of the facilities
14:00	Assessment Riding Lesson
15:00	Hack in the countryside
16:00	Ride the ponies back to the fields
17:00	DINNER
Evening	Safety talk, discuss programme, allocate horses introductions / get to know everyone Hot Tub Open

If you order a Wheal Buller T-shirt or jumper, with your name and a picture of your favourite horse, on Monday, it will be ready for you before you go home.

Monday

	A	B
	BREAKFAST	
08:00	Be in the yard ready by 8 am to go and catch ponies and ride from the fields, brush off and feed	
09:00	Pony Salon. Wash ponies' manes and tails	
10:00		
11:00	Spectacular Day Ride to Devoran Through the Poldice Valley and over Carn Marth You will need to carry your packed lunch and take some money if you want an ice-cream from the cafe	
16:00	Ride the ponies back to the fields	
17:00	DINNER	
Evening	Shopping Trip	

Tuesday Beach in the Morning

	A	B
	BREAKFAST	
08:00	Be in the yard ready by 8 am to go and catch ponies and ride from the fields, brush off and feed	
09:00	Go to Gwithian Beach	
10:00	To ride on 4 miles of golden sand	
11:00	and then enjoy a packed lunch before	
12:00	returning home (don't forget your money if you want to buy anything from the tack shop)	
13:00	Trip to Tack Shop	
14:00	Lesson: Show jumping and Gymnastic Grids	Bareback Riding
15:00	Bareback Riding	Lesson: Show jumping and Gymnastic Grids
16:00	Ride the ponies back to the fields	
17:00	DINNER	
Evening	Demonstration – try side-saddle, western and bareback	

Tuesday Beach in the Afternoon

	A	B
	BREAKFAST	
08:00	Be in the yard ready by 8 am to go and catch ponies and ride from the fields, brush off and feed	
09:00	Prepare your pony for riding	
10:00	Lesson: Show jumping and Gymnastic Grids	Bareback Riding
11:00	Bareback Riding	Lesson: Show jumping and Gymnastic Grids
12:00	Go to Gwithian Beach	
	To ride on 4 miles of golden sand	
	and then enjoy a packed lunch before	
	returning home (don't forget your money if you want to buy anything from the tack shop)	
16:00	Ride the ponies back to the fields	
17:00	DINNER	
Evening	Demonstration – try side-saddle, western and bareback	

Wednesday

	A	B
	BREAKFAST	
08:00	Be in the yard ready by 8 am to go and catch ponies and ride from the fields, brush off and feed	
09:00	Prepare ponies for riding	
10:00	Strictly Come Dancing & Formation Riding	Hack & swimming with ponies on Carn Marth Please make sure that you have packed your bag with trainers, towel and underwear, and wear your swimming things under your riding clothes
11:00	Riding Lesson – Show jumping or XCOUNTRY	
12:00	LUNCH	
13:00	Prepare ponies for riding and practice Formation Riding on foot	
14:00	Hack & swimming with ponies on Carn Marth	Strictly Come Dancing & Formation Riding
15:00	Please make sure that you have packed your bag with trainers, towel and underwear, and wear your swimming things under your riding clothes	Riding Lesson – Show jumping or XCOUNTRY
16:00	Ride the ponies back to the fields	
17:00	DINNER	
Evening	Cinema / Learn how to care for your tack	

Thursday

	A	B
	BREAKFAST	
08:00	Be in the yard ready by 8 am to go and catch ponies and ride from the fields, brush off and feed	
09:00	Prepare ponies for riding and plaiting lecture	
10:00	Riding Lesson – Show jumping or XCOUNTRY	Strictly Come Dancing & Formation Riding
11:00	Strictly Come Dancing & Formation Riding	Riding Lesson – Show jumping or XCOUNTRY
12:00	LUNCH	
13:00	Plaiting practical – rosette for best	
14:00	2 hour hack or Mock Hunt	
15:00	To even the odds the cunning fox steals away on a horse Catch him if you can	
16:00	Ride the ponies back to the fields	
17:00	DINNER	
Evening	BBQ & Hot Tub	

Friday

	A	B
	BREAKFAST	
08:00	Be in the yard ready by 8 am to go and catch ponies and ride from the fields, brush off and feed	
09:00	Prepare ponies for riding	
10:00	Gymkhana Competition	Handy Pony or XCOUNTRY Competition
11:00	Handy Pony or XCOUNTRY Competition	Gymkhana Competition
12:00	LUNCH	
13:00	Finish polishing your pony for the judging of Tack and Turn Out	
14:00	Elimination & Show jumping Competition	Strictly Final
15:00	Strictly Final	Elimination & Show jumping Competition
16:00	Ride the ponies back to the fields	
17:00	DINNER	
Evening	Demonstration and have a go at Vaulting Presentation of Rosettes from the day's Competitions	

Saturday

	A	B
	BREAKFAST	
08:00	Be in the yard ready by 8 am to go and catch ponies, brush off and feed	
09:00	Sorry, it's time to leave. So now you have to tidy your room, strip off your beds and pack your bags. You can then prepare your horses for your final ride.	
10:00	Final Hack around Carn Brea Castle	
11:00	Quiz and Questionnaires	
12:00	LUNCH Say goodbye to your favourite horses and ponies	
13:00	Thank you for your company and Polo mints.	
14:00	I am going to trot off down the field for a good roll and to catch up on the gossip at the pond.	
15:00	Have a safe journey and see you again soon.	
16:00	*Unless you are lucky enough to be staying for a second week, in which case you will have a choice of lessons and hacks on Saturday afternoon and Sunday morning.*	
17:00		



Introduction

We would like to welcome you all and hope that you will have a fun, horsey holiday.

Meals and Snacks

All meals and snacks are to be eaten in the dining area or the adjacent patio areas. Please return crockery and cutlery to the dining area. If you are a vegetarian or have particular dietary requirements the please let Janet or the cook know (if you have not already done so).

Breakfasts: Help yourself from 7:00 – 8:15am. Fresh air and riding will make you hungry so get up in good time so you don't have to rush it. You need to be ready in your riding gear (boots, hats ...) to catch your pony by 8:00 am, unless told otherwise by a member of staff.

Lunch: Buffet style (12:15 – 1:00pm) with soup, rolls, salad, cooked food such as pizza, pies, baked potatoes or pasties, plus cakes/biscuits. Packed lunch – choose sandwich for Monday or Tuesday from the list.

Evenings: A hot meal (or BBQ) such as roast, spaghetti bolognaise or casserole, followed by dessert. You can pop back to the dining area throughout the evening for drinks or snacks up to 8:30pm.

Daytime

Check the schedule for your group. Activities cannot start until all of the group are together so make the effort to be on time and ready for the next activity.

Evenings

Briefings: Each evening after the meal we have a get together so that you can ask questions, make suggestions and discuss the next day's activities.

Your time: Do not leave the site without a member of staff or parent/guardian. If you would like to visit the shop then ask; a trip can be arranged. If you would like to take an evening out with your parent/guardian then please notify the member of staff in charge. In the summer time children 11 years and under may play in the yard, indoor and outdoor schools until 8:30pm, before coming inside. Children over 11 years may go down see the horses, until 8:30pm, after notifying the member of staff in charge, with conditions: **not** to go into the fields, **not** to feed the horses and ponies, **not** to offer them titbits, and to act in a sensible manner. After 8:30pm you are restricted to the yard and then indoors by 9:00pm.

Bedtime 9:00 pm

Please be in your room by this time in order to get ready for bed. Lights out soon after and quieten down so that you do not disturb others. A member of staff is present on site throughout the night. If you are feeling ill or homesick then you can come and see her, or send a friend if necessary. Mobile phones are

not allowed in the bedrooms after 9:00 pm. They must be handed to a member of staff.

Cats and Boots

The cats are not allowed into the accommodation as they don't belong to the riding school.

Riding boots and muddy shoes must be removed before entering the accommodation. Please leave them outside in the box provided. During the day, if you use the toilet in the yard, you won't need to take your boots off. If you need a quick drink or snack between activities then you can get to the dining area from outside. This will save having to take your boots off.

Safety

Fires: If the fire alarm sounds leave your room or any other accommodation in an orderly manner. If this occurs in the night then wake the others in your room as you leave. The fire assembly point is in the outer yard. Do not re-enter until a senior member of staff has taken a roll-call and stated that it is safe to do so.

NO SMOKING

Rides: While riding, if you need to adjust stirrups, take off a coat or pass a bag to a companion, tell the escort so that they can halt the ride, hold your helmet or assist you. Do not remove your helmet while mounted.

Mobile phones must not be used while riding but may be taken with you and used when dismounted.

Behaviour: We expect children to treat all our accommodation with respect, Therefore we do not tolerate children deliberately damaging or defacing the furniture or property. Should a child be found doing this the parents will be asked to remove the child and be made to pay for any damage.

The main lounge is for sitting and watching TV and therefore rowdy and unruly behaviour is totally unacceptable and you will be sent home.

Bullying and any other unpleasant behaviour towards other children or staff will not be tolerated and you could be sent home.

If you have any questions please ask now or see Janet or Karen later. Our ambition is to make your holiday as enjoyable as we can. Don't let little problems become big problems – speak up. Each evening you get a chance to ask questions, make suggestions or raise points with the rest of the group.